

Bed bugs

Bedbugs are often spread via baggage and household effects. You can, for example, get bedbugs if you buy second-hand furniture, but the most common way we get bed bugs home today is through travels around the world where the bugs may have been in the hotel rooms and then been hiding in our bags which we take home with us.

The bedbug can be very difficult to detect, it is reddish brown, oval and flat in shape, and only 4-5 millimeters wide. During the day it hides in the vicinity of the bed and other dark places. Common hiding places are wall crevices, bed seams, under loose wallpaper, behind pictures, in curtain rods, and in bed mattresses. During the day, the female lays her eggs which can be hundreds which is why bedbugs proliferate rapidly. Bugs can't sense a human from afar, but at about 5-10 inches away they can feel the warmth of a human. Bugs come out at night and suck blood from us. The sting can produce a weak swelling that disappears rather quickly but in some cases it might give a strong allergic reaction. Changing rooms will not help, unfortunately, since the bug will follow to other parts of the home.

Signs of possible bedbugs:

- Itchy rash.
- Traces of blood on the mattress.
- Small dark spots in the bed, usually in the nooks and crannies.
- Dead bedbugs.



Advice for those who are worried they might bring back bed bugs:

- If you think there may be a risk of bugs be extra careful in the area around the beds.
- Do not put personal belongings around or near the areas where there may be bugs.
- Check the bags after coming home from a trip. Even in furniture bought second-hand, you should check for signs of bed bugs.

If you already have problems with bed bugs:

- Call a decontamination engineer immediately since bedbugs proliferate rapidly.
- When cleaning up bugs, you can prepare the room before our engineers get there by setting beds upended and making sure the area around the skirting boards is free from furniture and other things.
- After decontamination is important that you follow our advice to make sure the results will be as good as possible.

If you have further questions please contact:

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